

Massage Continued...

- Thai Compress Massage

An aromatic massage with a taste of the exotic using heated compresses to relax and aid healing

75 mins £54.00 **Members: £49.00**

- Thai Yoga Massage

Manipulated into yoga positions, it invigorates the mind and body and increases flexibility. a fully clothed massage

60 mins £35.00 **Members: £32.00**

Reflexology

Massage of the reflex areas of the feet, harmonises vitality flow of the body, relaxing tension in the nervous system

60 mins £30.00 **Members: £27.00**

Reiki

The channelling of universal energy to promote physical, mental & emotional well being, non evasive form of natural healing

60mins £30.00 **Members: £27.00**

Membership available

6 months membership fee **£30.00**

12 months membership fee **£45.00**

NEW for Spring 2009

Loyalty card scheme now available -
Your chance to get 12 months membership
absolutely **FREE!**

***Please ask at reception for further
information on any treatments detailed
in this price list***

Also available...

Gift vouchers

For that special someone

Tailored chill out days

Perfect pamper time for you and your friends
to enjoy

Treatment opening hours

Monday	11.00am - 3.00pm
Tuesday - Thursday	9.00am - 9.00pm
Friday	9.00am - 7.30pm
Saturday	9.00am - 5.00pm

Reception opening hours

Tuesday - Friday	9.00am - 5.00pm
Saturday	9.00am - 1.00pm

THE POSITIVE LIVING CENTRE



COMPLEMENTARY THERAPIES

PRICE LIST APRIL 2009

**22 HIGH STREET
MIDSOMER NORTON
RADSTOCK, NR. BATH
BA3 2DR**

TEL – 01761 411043

www.positiveliving.co.uk

Acupuncture

Affordable acupuncture clinic

From **£20.00**

Aromatherapy

Using essential oils to relax and to help with specific conditions incorporating massage

Full body

75 mins **£36.00 Members: £32.00**

Back, neck & shoulders

45 mins **£25.00 Members: £23.00**

Bowen Technique

Involves a series of soft tissue moves, designed to encourage the body to re-align and heal it-self, good for muscular/skeletal problems

60- 75 mins **£35.00 Members: £32.00**

Crystal Healing

The ancient art of using crystals to promote healing and balance

60 mins **£30.00 Members: £27.00**



Health Kinesiology & Touch for Health

The use of muscle testing to identify disturbances in the body's energy systems including allergies and intolerance's Good for increasing energy levels

60 - 75 mins **£35.00 Members: £32.00**

Hopi Candles

The native American art of using Hopi ear candles to benefit health, well being, and to promote relaxation Includes facial massage

60 mins **£30.00 Members: £27.00**

Hypnotherapy, Psychotherapy, NLP & EFT

For weight-loss, stopping smoking, fears and phobias

From **£45.00**

Massage

The manipulation of muscle tissue to reduce stress, relax and stimulate circulation

- Full body and back, neck & shoulders

60 mins **£30.00 Members: £27.00**

40 mins **£24.00 Members: £22.00**

- Hot Stone Body Massage

Using heated & chilled river stones with hot aromatherapy oils to release healing and leave you feeling wonderful

Full body

60 mins **£40.00 Members: £35.00**

Back, neck & shoulders

45 mins **£30.00 Members: £27.00**

- Indian Head Massage

A stress busting, clothed head & shoulder massage

40 mins **£20.00 Members: £18.00**

- Sports & Remedial Massage

An effective massage treatment for both sport and non-sport related injuries

45 mins **£30.00 Members: £27.00**

60 mins **£35.00 Members: £32.00**

